

WELLNESS

WORD SEARCH



WORDS

Y	I	M	L	B	R	E	A	T	H	E	D	V	Y	H	X	H	N	C	G
A	M	N	O	I	T	A	R	D	Y	H	A	G	F	L	G	H	N	Y	B
H	E	A	L	I	N	G	W	E	N	U	T	R	I	T	I	O	N	H	D
Y	B	X	F	S	B	R	E	B	M	U	L	S	D	B	N	T	U	E	F
R	A	A	F	S	I	B	A	X	M	M	E	D	I	T	A	T	I	O	N
D	N	D	L	B	C	A	S	E	R	E	N	I	T	Y	H	W	I	F	G
E	I	M	H	A	R	L	R	B	U	B	C	T	M	A	T	E	X	B	W
W	M	R	R	M	N	S	M	E	Y	T	F	Y	D	I	A	L	B	D	N
T	A	E	E	A	I	C	V	S	C	M	G	M	G	A	M	L	S	F	M
E	T	L	A	C	E	N	E	Y	X	O	O	A	Y	H	Y	B	A	W	T
N	S	A	S	R	N	X	D	D	G	C	V	H	X	Y	T	E	A	H	T
E	W	X	S	H	L	E	V	F	H	X	A	E	N	F	I	I	F	O	W
R	E	A	E	O	L	T	I	O	U	R	X	R	S	L	N	E	L	T	
G	S	T	N	H	V	L	A	L	M	L	H	H	E	Y	A	G	N	I	X
Y	N	I	T	A	Y	U	B	O	I	S	N	W	H	A	T	W	I	S	B
Y	A	O	I	L	F	S	N	D	Y	S	E	E	V	V	I	A	T	T	G
G	E	N	F	O	T	Y	V	H	L	Y	E	G	S	A	V	X	U	I	F
N	L	G	R	A	T	I	T	U	D	E	U	R	B	S	H	S	O	C	H
X	C	L	A	I	S	E	X	T	V	A	T	A	T	E	Y	N	R	O	M
W	W	W	O	X	G	N	X	H	T	G	N	E	R	T	S	E	M	G	H

- BALANCED
- BREATHE
- CARE
- CLEANSE
- ENERGY
- FITNESS
- GRATITUDE
- HARMONY
- HEALING
- HOLISTIC
- HYDRATION
- MEDITATION
- MINDFULNESS
- NUTRITION
- RECOVERY
- RELAXATION
- RESILIENCE
- ROUTINE
- SERENITY
- SLUMBER
- STAMINA
- STRENGTH
- VITALITY
- WELL-BEING

Find the words hidden vertically, horizontally, diagonally, and backwards.