

HEALTHY HEART

WORD SEARCH

F	L	A	H	O	F	F	S	E	V	L	A	V	M	N	O	U	O	V	I
M	A	U	O	E	K	O	R	T	S	P	V	P	H	E	A	R	T	L	P
M	U	S	C	L	E	D	Q	S	C	O	R	O	N	A	R	Y	T	U	C
H	S	N	P	A	N	I	R	N	E	Q	N	K	I	X	B	M	B	D	R
A	I	S	P	E	H	C	H	O	L	E	S	T	E	R	O	L	F	I	U
H	V	I	A	E	R	O	B	I	C	I	U	R	P	F	D	R	R	M	E
M	F	R	D	X	E	S	I	C	R	E	X	E	R	P	B	S	T	I	Q
S	S	I	S	O	R	E	L	C	S	O	R	E	H	T	A	H	K	E	F
D	I	Q	X	U	N	O	I	T	A	M	M	A	L	F	N	I	Q	S	F
L	X	P	I	X	H	E	A	L	T	H	Y	L	Q	A	H	C	E	L	D
E	R	K	C	A	R	D	I	A	C	R	P	H	C	S	P	O	N	U	S
U	N	O	I	T	A	L	U	C	R	I	C	B	E	A	T	S	X	P	F
Q	Y	S	C	X	R	A	L	U	C	S	A	V	O	I	D	R	A	C	A
A	X	F	M	O	T	H	Q	Q	V	D	N	E	V	T	O	X	A	K	R
L	S	T	R	E	S	S	D	H	B	I	Y	I	M	A	T	A	P	S	T
P	H	B	V	V	D	X	F	V	V	D	I	L	E	T	H	V	X	Q	E
D	O	O	L	B	S	Y	F	V	F	F	A	B	A	V	K	M	Y	Y	R
S	E	Q	T	H	Y	P	E	R	T	E	N	S	I	O	N	N	R	I	I
C	M	O	C	M	C	E	C	N	A	R	U	D	N	E	L	I	N	Q	E
L	H	H	A	I	M	H	T	Y	H	R	R	A	K	B	K	P	U	S	S

WORDS

- AEROBIC
- ARRHYTHMIA
- ARTERIES
- ATHEROSCLEROSIS
- BEATS
- BLOOD
- CARDIAC
- CARDIOVASCULAR
- CHOLESTEROL
- CIRCULATION
- CORONARY
- ENDURANCE
- EXERCISE
- HEALTHY
- HEART
- HYPERTENSION
- INFLAMMATION
- MUSCLE
- PLAQUE
- PULSE
- STRESS
- STROKE
- VALVES
- VEINS

Find the words hidden vertically, horizontally, diagonally, and backwards.