

MEDITATION WORD SEARCH

E	E	U	K	T	M	Z	Y	S	M	S	I	H	D	D	U	B	M	D	I
T	S	E	R	Q	S	D	G	O	P	M	R	E	I	K	Q	Y	F	N	A
C	P	L	A	T	N	E	M	P	T	G	A	W	U	H	I	O	P	R	H
K	N	Q	A	M	R	A	H	D	H	H	L	R	N	I	R	V	A	N	A
Y	I	Y	T	I	L	I	U	Q	N	A	R	T	H	O	P	E	N	N	R
G	E	V	I	T	A	E	R	C	L	E	Y	Z	N	S	H	V	R	Z	K
R	W	T	A	I	Y	Z	H	P	V	R	M	R	E	S	A	Z	E	R	A
E	A	G	E	N	L	I	G	H	T	E	N	M	E	N	T	N	W	G	H
N	W	B	R	W	Q	V	I	S	U	A	L	I	Z	A	T	I	O	N	C
E	Y	S	Q	L	H	Q	V	W	Y	Z	L	Z	D	Z	K	Z	F	I	A
C	A	R	T	N	A	M	D	K	N	C	P	S	K	F	I	B	V	D	D
W	I	C	M	S	H	S	G	Z	N	O	M	U	Q	A	Y	D	W	N	M
T	N	A	H	C	U	S	T	O	U	B	O	D	H	I	T	P	M	U	S
O	M	D	Y	O	A	D	E	D	D	T	I	R	K	S	N	A	S	O	I
K	S	P	G	R	N	S	S	E	N	L	U	F	D	N	I	M	S	R	U
C	R	A	W	A	R	E	N	E	S	S	I	H	W	P	N	G	R	G	D
M	E	D	I	T	A	T	I	O	N	Z	P	N	Z	V	H	N	Z	T	N
C	V	S	I	E	V	N	V	A	M	R	A	K	P	I	O	E	Q	C	I
Y	G	Q	M	P	S	K	P	E	A	C	E	F	U	L	M	B	V	D	H
V	R	G	Y	M	C	W	D	B	F	B	T	Z	H	W	D	P	M	E	O

WORDS

ASHRAM
AWARENESS
BODHI
BUDDHISM
CHAKRA
CHANT
CREATIVE
DHARMA
ENERGY
ENLIGHTENMENT
GROUNDING
HINDUISM
KARMA
MANTRA
MEDITATION
MENTAL
MINDFULNESS
NIRVANA
PEACEFUL
REST
SANSKRIT
TRANQUILITY
VISUALIZATION
ZEN

Find the words hidden vertically, horizontally, diagonally, and backwards.