



What's the Difference?

Find the four differences between the two pictures.

A



B



Answers: 1. Logo on girl's shirt 2. Dog on lawn
3. Mom has pigtail 4. Missing window on house

Answer: Cycling

Health FACT:

This activity is low-impact on the joints, but has a high impact on working the cardiovascular system.

THIS DAY IN HISTORY



1790: Rhode Island becomes the last of the original colonies to ratify the Constitution.

1919: Albert Einstein's theory of general relativity is tested by Arthur Eddington and others.

1988: Ronald Reagan visits the Soviet Union.

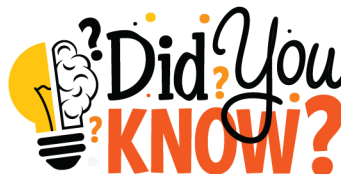
NEW WORD

CADENCE

the rate at which a cyclist pedals, measured in RPMs

How they say that in...

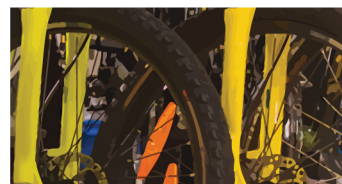
English: To pedal
Spanish: Pedalear
Italian: Pedalare
French: Pédaler
German: Strampeln



When cycling uphill, a person should use the lowest gear on the bike. This is sometimes called the "granny gear."



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Bikes