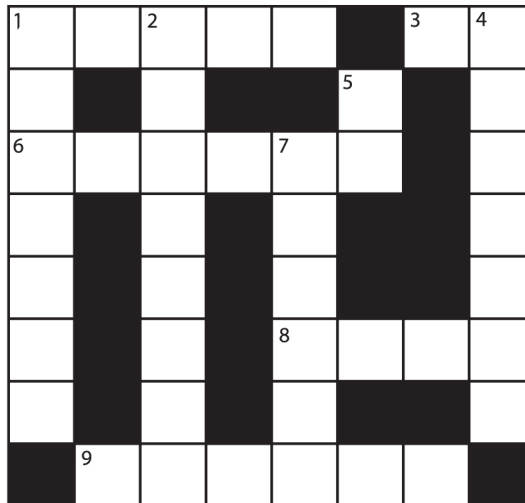




Crossword Puzzle



ACROSS

1. Chest organ
3. Blood pressure (abbr.)
6. Dramatic start of an illness
8. Discomfort
9. Tube blood moves through

DOWN

1. Free from illness
2. Counteracts poison
4. Forcing to move through
5. Adequate or alright
7. College property

Answers: 1. Healthy 2. Antidote 3. BP 4. Pumping 5. OK
6. Heart 7. Campus 8. Pain 9. Vessel

Answers:

THIS DAY IN HISTORY



1521: Juan Ponce de León sets out from Spain for Florida.

1792: George Washington signs the Postal Service Act.

1872: The Metropolitan Museum of Art opens in New York City.

Health FACT:

There are 60,000 miles of these in the average human body.

Answer: Blood vessels

NEW WORD

PULSE

a rhythmic throbbing of the arteries as blood is pumped

How they say that in...

English: Heart
Spanish: Corazón
Italian: Cuore
French: Coeur
German: Herz



The average resting heart rate for an adult is between 60 and 100 beats per minute.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Blood pressure cuff