

Creative Coloring

Celebrate cooking vegan foods.
Color in this picture to create your own masterpiece.



THIS DAY IN... HISTORY



- **1892:** PUDGE HEFFELFINGER BECOMES THE FIRST PROFESSIONAL AMERICAN FOOTBALL PLAYER ON RECORD.
- **1933:** NAZI GERMANY USES A REFERENDUM TO RATIFY ITS WITHDRAWAL FROM THE LEAGUE OF NATIONS.
- **1936:** IN CALIFORNIA, THE SAN FRANCISCO-OAKLAND BAY BRIDGE OPENS TO TRAFFIC.

HEALTH FACT:



THIS IS THE TERM FOR SOMEONE WHO AVOIDS EATING ANIMAL PRODUCTS.

ANSWER: VEGAN

New Word

EDAMAME

a dish of green soybeans boiled or steamed in their pods

How they SAY that in...

ENGLISH: Fruit

SPANISH: Fruta

ITALIAN: Frutto

FRENCH: Fruit

GERMAN: Frucht

Did You Know?



VEGETABLES, FRUITS WHOLE GRAINS, AND BEANS MAKE UP MUCH OF VEGAN DINING.

GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: SOY FOODS