

YIELD: 1000 SERVINGS (I THINK!)

Butterfly Food Recipe

This easy homemade butterfly food recipe can be made at home with ingredients you likely already have and then hung to attract and feed butterflies. Kids will love this project and so will adults!



PREP TIME

15 minutes

ACTIVE TIME

15 minutes

TOTAL TIME

30 minutes

DIFFICULTY

easy

ESTIMATED COST

under \$10

Materials

- 1 pound Sugar
- 1-2 cans stale beer
- 3 mashed, overripe bananas
- 1 cup molasses, honey or syrup
- 1 cup fruit juice
- 1 shot rum
- Sponges
- Twine or string

Tools

- Scissors
- Large Mixing Bowl
- Wooden Spoon

Instructions

1. Mash the overripe bananas with a fork.
2. Combine all the ingredients in the large mixing bowl.
3. Stir until the mixture is as smooth as possible.
4. At the end of each of the sponges poke a hole with the end of the scissors.

5. Thread the twine or string through the hole in the sponge and tie a knot leaving enough string or twine length to use for hanging.
6. Dip the sponges into the mixture allowing them to soak up the liquid either dunking it or rotating to all sponge sides. This step is best done outside to decrease your kitchen mess!
7. Hang the sponges from a tree limb, fence or post.
8. You can paint the extra butterfly food mixture onto trees, fences, rocks and stumps.

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PROJECT TYPE: DIY / **CATEGORY:** Easy Crafts for Kids

<https://kidsactivitiesblog.com/86777/easy-homemade-butterfly-feeder/>

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